



CLEANSE

Gentle Detox Formula

LEMON GINGER

32 FL OZ (946mL)

JUMP START: Once Per Week: Mix 4 oz of CLEANSE with 8 oz of GIA i-H2O, 4 times during your CLEANSE day to jump start your GIATrim "Shape" Program.

2-DAY DETOX: For accelerated weight loss and detoxification: Mix 4 oz of CLEANSE with 8 oz of GIA i-H2O, 4 times a day, for 2 days.

DAILY CLEANSE: Combine 1 oz CLEANSE with 8 oz of GIA i-H2O. **TIP:** Try adding 1 oz of GIA i-Thrive for great flavor & optimal results!

Keep refrigerated after opening.

For use as a dietary supplement only. Intended for healthy adults over the age of 18.

Keep out of reach of children.

If you are taking prescription medication or have a medical condition, are pregnant or lactating, consult your physician before taking this product.

Supplement Facts

Serving Size: 1 oz
Servings Per Container: 32

Amount Per Serving

Calories 28

% Daily Value*

Total Carbohydrate 9g 1%

Dietary Fiber 2g 8%

Sugars (from Fruit Concentrate) 0.5g

Proprietary Blend 100mg †

Ginger Extract, Cinnamon Extract, Licorice Root Extract, Sage Extract

Aloe Vera 200:1 2mg †

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



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5939 Darwin Ct. Ste 103, Carlsbad, CA 92008
(866) 999-2747 | www.giawellness.com

OTHER INGREDIENTS: Purified Water, Natural Vegetable Glycerine, Lemon Juice Concentrate, Maple Syrup, Chicory Root Fiber, Stevia, Xanthan Gum, Natural Flavor, Potassium Benzoate, Potassium Sorbate, Organic Turmeric Extract