# cleanse gentle detox formula

### Description

When you want to feel more energized, accelerate weight loss, or simply push the "reset" button on your eating habits, it's the perfect time to Cleanse.

GIATrim's CLEANSE Gentle Detox Formula contains Aloe Vera and Ginger to aid in your digestion, detoxification and elimination. CLEANSE is formulated with GIA's patented Single File Alignment (SFA) Technology, designed to deliver the results YOU want.

### Key Ingredients & Benefits

- Aloe Vera
  - Ranked by health experts as one of the Top 10 Super Foods in the world
- Ginger
  - Shown to boost the body's metabolic rate
- Lemon Juice Concentrate
  - Great for supporting a healthy immune system
  - Experts confirmed lemon juice is a natural energizer

- Chicory Root
  - Helps increase flow of bile & increases feeling of satiety or "fullness"
- Cinnamon Extract
  - Supports a healthy metabolism, helps body burn calories, & assists healthy brain function
- Turmeric
  - The Health & Wellness Magazine First called
     Turmeric "the spice that ends belly fat"

### Size

- 32 fl oz
- Also sold in 1 oz pouches (24 pack)

### Recommended Use

- Mix 1 oz with 8 oz of GIA i-H2O
- Tip: Try adding 1 oz of GIA i-Thrive for great flavor and optimal results!

### What's inside

- Aloe Vera
- Ginger Extract
- Cinnamon Extract
- Lemon Juice
   Concentrate
- Licorice Root
- Sage Extract
- Turmeric
- Chicory Root

### Technology Used

 Single File Alignment Technology (SFA)

### **Product Highlights**

- Tastes great!
- Aids in digestion, detoxification & elimination
- Helps reduce bloat & inflammation
- Helps balance an overly acidic diet
- Supports natural metabolism



## cleanse - FAQ

### Why do you need to cleanse?

For centuries, ridding the body of toxins has been a key focus for health experts in order to effectively improve both physical and spiritual wellness. Highly processed foods, chemical ingredients, and environmental toxins can make it difficult for our body to do its job as it relates to proper detoxification. A regular cleansing regimen can help improve and maintain your overall health and vitality.

### How does CLEANSE work?

GIATrim's CLEANSE Gentle Detox formula contains a proprietary, low-calorie and low-carb blend of Aloe Vera, Ginger and variety of other renowned ingredients to aid in your digestion, detoxification and elimination. Unlike many other cleanse products on the market that may be harsh on the body, CLEANSE actually nourishes the body as it gently cleanses, and works to optimize your body's natural metabolism. Most Importantly, CLEANSE is activated with GIA's proprietary Single-File Alignment (SFA) and ERT technologies, ensuring that nutrients are delivered quickly, directly, and in a highly absorbable fashion.

### How often should you use CLEANSE?

We recommend that you choose one of three CLEANSE Programs:

### • Jump (Once per week)

 To jump start your Cleanse program, based on your flavor preference mix 2-4 ounces of CLEANSE with 8 ounces of GIA i-H2O, 4-8 times through the day.

### 2-Day Detox (Two non-consecutive days per week)

For accelerated weight loss and detoxification, based on your flavor preference mix 2-4
 ounces of CLEANSE with 8 ounces of GIA i-H2O 4-8 times through your CLEANSE day.

### • Daily Cleanse (Once every day)

 Combine one ounce of CLEANSE with 8 ounces of GIA i-H2O. Tip: Try adding 1 ounce of GIA i-Thrive for great flavor & optimal results.

