

# heart-fit

## Description

GIA Heart-fit contains Jiaogulan, widely known as the "Immortality Herb", which research has proven to help maintain cholesterol, triglycerides, and blood pressure at normal levels, as well as support healthy energy levels. It also contains the powerful Hawthorn Berry, which studies have shown assists in maintaining overall heart health.



## Key Ingredients

- Jiaogulan
  - One of the most powerful adaptogens known
  - Proven to support the body's resistance to physical, chemical, and biological stressors
  - Powerful antioxidant
  - Well-known for supporting cardiovascular function
- Hawthorn Berry
  - Also a powerful adaptogen
  - Powerful antioxidant
  - Widely-known for maintaining normalized blood pressure and cholesterol levels, as well as supporting overall heart health

## Available In

- 60 count
- Serving Size: 1 capsule

## Technology Used

- Energy Resonance Technology (ERT)

## How to Use

- For adults, take 1 capsule 2 times a day on an empty stomach with a glass of water
- For optimal benefit, take with GIA i-H2O
- Store in cool, dry place

## Product Highlights

- 100% of GIA Heart-fit users surveyed reported one or more of the following benefits:
  - Considerably less anxiety
  - Enhanced athletic performance and endurance
  - Noticeably improved heart fitness