

Discover the
Water of life



i-H₂O  TM
INTELLIGENTLY **DESIGNED**

did you know...

Drinking water doesn't equal hydration

Just like our precious planet, our body consists of more than 70% water. We spend billions on bottled water each year, we are drinking more water than ever, and yet 75% of the world's population is chronically dehydrated. Why? Research confirms that the molecules of most of the water we consume daily are aligned in a chaotic, large-clustered manner. That makes it extremely difficult for our body to absorb and optimally hydrate, ultimately leading to unintentional, yet chronic dehydration.

Being dehydrated isn't just feeling thirsty!

Research has shown that millions of people are experiencing the following symptoms as a direct result of dehydration:

- Uneven skin tone
- Premature onset of wrinkles
- Anxiety and/or depression
- Headaches
- Joint pain
- Excess weight
- Sleeplessness
- Lack of focus
- Fatigue



*"Over the years, thousands of my patients have - unbeknownst to them - suffered from what we call UCD - "Unintentional Chronic Dehydration". Since introducing them to the super-liquid GIA i-H2O System, they've experienced first-hand what superior hydration feels and looks like. The results with i-H2O have been beyond impressive."**

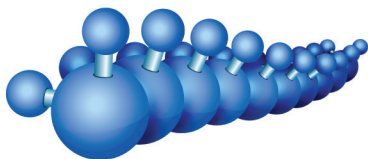
Dr. Veronique Chomniak

the science of alignment

Breakthrough Water Discoveries

In the last decade, three groundbreaking scientific findings have proven why the single-file alignment (SFA) of the molecules in the water you drink is essential for your health and longevity:

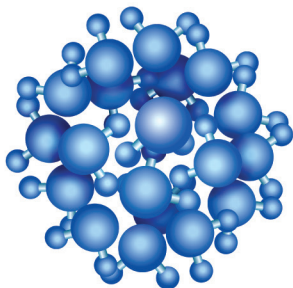
1.



When we are born, the water molecules in our cells are aligned in a single-file (SFA). Our young body even converts any water we drink into that necessary Single-file alignment...



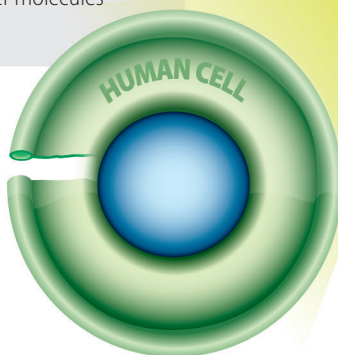
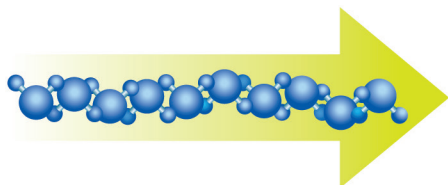
2.



As we age, our body's ability to convert the water we drink into the single-file alignment (SFA) dramatically decreases. Our body's hydration levels become increasingly compromised...

3.

Through his discovery of "Aquaporins", 2003 Nobel Prize Winner Dr. Peter Agre has proven that in order for water to be optimally effective in the body, the water molecules must be aligned in a single file (SFA).



what you can do...

i-H₂OTM INTELLIGENTLY 2 DESIGNED

The patented i-H₂O Activation System is the most profound hydration technology available today. This easy-to-use wellness breakthrough allows you to transform ordinary, filtered water into ultra-hydrating, "intelligent water" within 30 minutes. During the automated i-H₂O Activation process, the chaotic structure of water molecules is transformed into a single-file alignment (SFA), thus creating optimally energized, bio-available water, which has proven to be essential for superior hydration and wellness.*



i-H₂O Home System



UNITED STATES
PATENT & TRADEMARK OFFICE



Patented & Proven Science

The many benefits of GIA's patented i-H₂O have been scientifically validated by respected laboratories from around the world. Research findings regarding i-H₂O have been highlighted in multiple science publications, as well as presented at several dozen international Science and Health Conferences.

What the Experts Say...

"The key to any effective anti-aging protocol is to find ways to optimize your body's hydration levels. Research has shown that GIA's i-H₂O Activation System is the patented vehicle to support the body's essential functions through optimal hydration - by effectively altering the alignment of water molecules. i-H₂O is a truly super-hydrating water - it therefore is one of the most effective anti-aging technologies available today."

Dr. H. W. Fisher, Anti-Aging Expert

wellness anywhere you go...



Now, you can also enjoy the many benefits of i-H2O anywhere you go! The i-H2O Travel System features a custom SFA-unit, designed specifically to fit atop the included BPA-Free drinking bottle, for easy activation and hydration "on-the-go." This highly versatile system comes inside a compact and durable i-H2O Travel case, which fits easily into any carry-on bag! *



i-H2O Travel System

The Benefits of i-H2O*

- Helps to significantly increase the body's hydration levels
- Supports optimal nutrient absorption
- Helps the body's natural detoxification process, supporting a healthy intestinal flora
- Assists the body in balancing pH-levels
- Promotes youthful looking skin by assisting natural skin hydration & collagen production
- Helps in neutralizing free radicals
- Supports powerful antioxidant effects
- Shown to have antibacterial and anti fungal properties

drink it - spray it - live it

*"Staying young and healthy-looking is something we all want. Spraying i-H2O - in particular when combined with GIA's "i-Glow" - is the smartest way to turn back the hands of time and create luminous, beautifully hydrated skin and hair. i-H2O is so light that I can use it on my face, neck, décolleté, hands, arms and hair all day long. I even use it over makeup. With i-H2O, I have discovered a revolutionary way to fight the usual signs of aging and restore youthful radiance." **

S.P., Esthetician, Dallas, TX

*"The difference that I have seen when using i-H2O with my patients has been absolutely extraordinary. You really have to try it to believe what i-H2O can do." **

Dr. G.P., DDS, Kalispell, MT

*i-H2O delivers maximum hydration like no other water technology available today. i-H2O is easily absorbed and provides never-before-seen anti-aging and antioxidant benefits. i-H2O is simply the best." **

D.S., Healthcare Practitioner, Sonora, CA

*"Since the time he was a toddler, my six year old cousin had suffered from scaly, itchy, and red skin all over his arms. His family tried many different common methods of dealing with it. Nothing really helped. He started spraying and drinking i-H2O and within six weeks everyone is so grateful it's almost completely gone!" **

H.H., Brooklyn, NY

*"Having used the i-H2O Home Activation System for several years, I was beyond excited when I found out that GIA created a portable version of this amazing product. I take it to work, to the gym, and on all the flights and road-trips that I go on. I love how quick and easy it is now to make my i-H2O 'on the go.' Plus, having an easy-to-carry drinking bottle filled with i-H2O any time of the day is super convenient. I love it!" **

A.M., Palos Verdes, CA



BEFORE



AFTER

BEFORE



AFTER



*"I asked my mom if she wouldn't mind being my 'guinea pig' to see the results of using i-H2O. We took a 'before' picture to see if we would notice a difference in her skin and her signs of aging. Then she began drinking and spraying i-H2O regularly. About 7 months later, I asked her if we could take an 'after' picture to compare. The images above speak for themselves - we were THRILLED to see such dramatic improvements on my mom's skin!"**

T.H., Utopia, TX

* Statements made about products featured in this brochure have not been evaluated by any government agency. These products are not intended to diagnose, treat, mitigate, cure or prevent any disease. Any testimonials given reflect the actual experience of each individual, are anecdotal only, and may be atypical.

Many people understand the importance of true hydration. Science has now revealed that not all water is created equal, nor does it hydrate us equally well. GIA's i-H₂O is not only a powerful hydration technology, but also an exceptional carrier of nutrients. With i-H₂O, nutrients are delivered into your body and your skin in a highly accelerated and effective way. By single-file aligning (SFA) and energetically entraining the NutraGIA line of "Inspired Nutritionals", and the BellaGIA line of "Inspired Beauty" products, you are assured to receive the maximum benefits from nature's best. Experience for yourself the life-changing results with GIA's "Inspired Wellness" products.*



To learn more about i-H₂O and other life-changing GIA Wellness products, please contact the Independent Consultant below:



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