

i-rest

dietary sleep support formula

Description

i-Rest is a dietary sleep support supplement containing a unique, super-liquid combination of Melatonin and 7 other all-natural sleep support ingredients - all of them renowned for their sleep support qualities. i-Rest is not only delivered in a highly absorbable fashion thanks to the combination of GIA's proprietary Single-File Alignment (SFA) and ERT technologies, it also has a soothing Chamomile-Lemon flavor. So, if you're looking forward to falling asleep faster and sleeping soundly through the night, then you'll love having i-Rest as your sleep-time companion.



Key Ingredients

- Melatonin
- Valerian Root
- Skullcap
- L-Tryptophan
- 5-HTP
- Hops
- Passion Flower
- Chamomile

Available In

- 1.2 oz Bottle (single)
- 4 pack (1.2 oz bottles)

Technology Used

- Single File Alignment (SFA)

How to use

- For use as a dietary sleep support supplement, take 1mL (9 sprays orally, under the tongue) 20-30 minutes before bedtime
- Shake well before each use
- Do not drive or operate heavy machinery until you determine how this product will affect you
- Store in cool, dry place

Product Highlights

- GIAplex has been designed to optimize the natural potency, vitality, and life force of every single nutrient, so that you get to enjoy the benefits of truly unparalleled product performance
- Approximately 30 servings per container