



nutragia™



Use GIA i-H2O

Drink or mix with Inspired Nutritional Experience True Nourishment

NUTRITIONAL INFORMATION

i-nourish™ Fruit & Berry

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

	Amount Per Serving	% Daily Value
Total Carbohydrates	.6 g	
Proprietary Blend of Fruit & Berry Powders	900 mg	<1% †
Cranberry Powder, Plum Powder, Blueberry Powder, Strawberry Powder, Blackberry Powder, Bilberry Powder, Grape Powder, Cherry Powder, Raspberry Powder, Apricot Powder, Papaya Powder, Orange		
Fructo-oligosaccharides (FOS)	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet
† Percent Daily Value not established

Other Ingredients: V-Caps,™ Capsules of Plant Origin

i-nourish™ Vegetable

Supplement Facts

Serving Size: 2 capsules
Servings per container: 30

	Amount Per Serving	% Daily Value
Total Carbohydrates	.5 g	
Proprietary Blend of Vegetable Powders	900	<1% †
Parsley Powder, Kale Powder, Spinach Powder, Brussel Sprouts Powder, Broccoli Powder, Cauliflower Powder, Asparagus Powder, Beet Powder, Carrot Powder, Cabbage		
Fructo-oligosaccharides (FOS)	10	†

* Percent Daily Values are based on a 2,000 calorie diet
† Percent Daily Value not established

Other Ingredients: V-Caps,™ Capsules of Plant Origin

heart-fit™

Supplement Facts

Serving Size: 1 capsule (480 mg)
Servings Per Container: 60

	Amount Per Capsule	% Daily Value
Gynostemma Pentaphyllum (Aerial Parts) 95% Standardized Gypenosides	80 mg	†
Crataegus pinnatifida (Hawthorn) (Berry) 2% Flavones	400 mg	†

† Daily Value not established

Other Ingredients: Cellulose, Silica, Magnesium Stearate, Vegetarian Capsules (Hydroxypropyl Methyl Cellulose, Purified Water)

i-rest™

Supplement Facts

Serving Size: 1 mL (9 sprays)
Servings Per Container: approximately 30

	Amount Per Serving	% Daily Value
Proprietary Blend	104 mg	†
5-HTP, L-Tryptophan, Skullcap (Scutellaria baicalensis)(root), Valerian (Valeriana officinalis)(root), Passion Flower (Passiflora incarnata)(flower), Hops (Humulus lupulus)(flower), Chamomile (Matricaria		

Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Other Ingredients: Purified Water, Vegetable Glycerin, Natural Flavors, Stevia, Citric Acid, Xanthan Gum

edge™

Supplement Facts

Serving Size: 1 capsule per 130 lbs. of body weight

	Amount Per Serving	% Daily Value
Thiamin (as thiamin hydrochloride)	3 mg	200%
Riboflavin	3.4 mg	200%
Niacin (as inositol hexaniacinate)	40 mg	200%
Vitamin B6 (as pyridoxine hydrochloride)	4 mg	200%
Pantothenic acid (calcium pantothenate)	20 mg	200%
Tex-OE™, a patented, standardized cactus fruit extract (Opuntia ficus indica)	800 IU	†

† Daily Value not established

Other Ingredients: mannitol, gelatin, tricalcium phosphate, silicon dioxide, magnesium stearate, titanium dioxide.

motion+™

Supplement Facts

Serving Size: 1 mL (9 sprays)
Servings Per Container: approximately 30

	Amount Per Serving	% Daily Value
Cetyl Myristoleate Complex	100 mg	†
Regensure™ Glucosamine (made from corn)	70 mg	†
MSM (Methylsulfonylmethane)	70 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Other Ingredients: Glycerin, purified water, stevia, peppermint oil, potassium citrate.

Caution: Women who are pregnant or nursing should consult their health care provider before using this product.

i-thrive™

Supplement Facts

Serving Size: 1 oz
Servings per container: 32

	Amount Per Serving	% Daily Value †
Calories	24	
Total Carbohydrates	6g	
Sugars	4g	
Vitamin A (As 50% Natural Beta Carotene, 50% Retinyl Palmitate)	5,000 IU	100%
Vitamin C (As Ascorbic Acid, Acerola Cherry Extract)	120 mg	200%
Calcium (From Whole Food Plant Source)	20 mg	2%
Vitamin D-3 (As Cholecalciferol)	800 IU	200%
Vitamin E (As Tocopherol Acetate)	30 IU	100%
Thiamin (As Thiamine Hcl)	3 mg	200%
Riboflavin (As Riboflavin 5 Phosphate)	3.4 mg	200%
Niacin (As Niacinamide, Inositol)	20 mg	100%
Hexanicotinate		
Vitamin B-6 (As Pyridoxal-5 Phosphate)	4 mg	200%
Folate (From Folic Acid)	400 mg	100%
Vitamin B-12 (From Methylcobalamin)	120 mg	2000%
Biotin (As Biotin Usp)	300 mcg	100%
Pantothenic Acid (As D-calcium Pantothenate)	20 mg	200%
Magnesium (From Whole Food Plant Source)	2 mg	1%
Zinc (As Zinc Gluconate)	3 mg	20%
Selenium (As Amino Acid Chelate)	70 mcg	100%
Chromium (As Chromium Polynicotinate)	120 mcg	100%

Natural Carotenoid Blend 15 mg **
Aztec Marigold (Tagetes Erecta L.) (Flower) Containing Lutein & Zeaxanthin, Tomato Extract (Containing Lycopene, Beta carotene, Phytoene, Phytofluene)

Amino Acid Complex 40 mg **
Alanine, Arginine, Aspartic Acid, Cystine, Glutaic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tyrosine, Valine.

Superfruit Antioxidant Blend 6,000 mg **
100% Pure Aloe Vera Juice (Inner Leaf Gel), Maqui Berry (Aristotelia chilensis) Juice, Yumberry (Myrica Rubra Sieb) Juice, Black Currant (Ribes Nigrum L.) Juice, Pomegranate (Punica Granatum) Juice, Blueberry (Vaccinium Angustifolium) Juice, Acai Berry (Euterpe Oleracea) Juice, Sea Buckthorn (Hippophae Rhamnoides L.) Juice, Whole Grape Extract (Vitis Vinifera) (Seed, skin & Pulp), Pomegranate (Punica Granatum) Fruit Extract, Blueberry (Vaccinium Corymbosum) Fruit Extract, Chokeberry (Aronia Arbutifolia) Fruit Extract, Mangosteen (Garcinia Mangostana) Fruit Extract, Cranberry (Vaccinium Macrocarpon) Fruit Extract, Goji Berry (Lycium Barbarum) Fruit Extract, Apple (Pyrus Malus) Fruit And Skin Extract, Bilberry (Vaccinium Myrtillus) Fruit Extract, Green Coffee Extract, Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrat, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Brussels Sprout Concentrate, Ashwagandha Root Extract, Olive Leaf Extract, Rhodiola Rosea Extract, Panax Ginseng Extract (Leaf), Milk Thistle Extract (Silybum Marianum) Fruit.

† Based on a 2,000 calorie diet
** Daily Value Not Established

Other Ingredients: Triple Filtered Water, Organic Evaporated Cane Juice, Natural Vegetable Glycerine From Palm Fruit, Citric Acid, Natural Flavors, Xanthan Gum, Rosemary Extract, Stevia Leaf Extract, Potassium Benzoate, Potassium Sorbate (To Preserve Freshness).