### INSPIRED HYDRATION



### i-H20 SYSTEM CONTENTS

- (1) i-H2O Activator with Acrylic Pitcher
- (1) 28 oz Glass Drinking Bottle
- (1) Neoprene Sleeve for Drinking Bottle
- (1) 1/8" 120v Power Supply
- (1) 2 oz Spray Bottle
- (1) 4 oz Spray Bottle
- (1) 8 oz Spray Bottle

# ALSO AVAILABLE

i-H2O Activation Travel System i-H2O Activation System Combo

(#39290) (#39289)

## i-H20 BENEFITS\*

- Helps to significantly increase the body's hydration levels
- Supports optimal nutrient absorption
- Helps the body's natural detoxification process, in turn supporting a healthy intestinal flora
- Assists the body in balancing pH-levels
- Promotes youthful skin by assisting natural skin hydration and collagen production
- Helps in neutralizing free radicals
- Supports powerful antioxidant effects
- Shown to display antibacterial and antifungal properties



The patented i-H2O Activation System is the most profound hydration technology available today. This easy-to-use wellness breakthrough allows you to transform ordinary, filtered water into ultra-hydrating "intelligent water" within 30 minutes. During the automated i-H2O Activation process, the chaotic structure of water molecules is transformed into a single-file alignment (SFA), mimicking our body's own natural state of healthy cell water, thus creating optimally energized, bio-available water.\*





By single-file aligning (SFA) and energetically entraining its world class hydration technologies, nutritional formulations, and Anti-Aging solutions with the proprietary GIAplex<sup>™</sup> technology, GIA Wellness has revolutionized the way these products are recognized, absorbed, and utilized by your body. GIAplex has been designed to optimize the natural potency, vitality, and absorbability of every single nutrient, so that you get to enjoy the benefits of truly unparalleled product performance.\*

### For more information contact:

# \* Statements made about this product have not been evaluated by any governmental agencies. These products are not



INSPIRED HYDRATION





## FREQUENTLY ASKED QUESTIONS\*

### Why is i-H2O's "single-file aligned" structure so important?

When we are born, the water molecules in our cells are aligned in a single-file. Our young body even converts any water we drink into that necessary single-file structure. But as we age, our body's ability to convert the water we drink into the single-file alignment (SFA) dramatically decreases and our body's hydration levels become increasingly compromised. In 2003, through his discovery of "Aquaporins," Nobel Prize Winner Dr. Peter Agre proved that in order for water to be optimally effective in the body, the water molecules must be aligned in a single-file structure.

#### Can I activate the water more than 30 minutes?

The optimal activation time is 30 minutes. You will not get additional benefits from activating water/liquids for more than 30 minutes.

#### Will i-H2O change water's pH?

i-H2O helps support the body's natural pH balancing process.

# Can I use the i-H2O Activation System for cooking or activating other liquids?

Yes, you can use it for cooking and you can activate water, milk, juice or any other liquid - including wine, coffee and tea or anything else you want to absorb optimally.

#### Can I wash fruits and vegetables with the i-H2O?

Yes, i-H2O has shown to keep washed vegetables and fruits fresher for a longer period of time in the refrigerator.

### Can i-H2O be refrigerated?

Yes, you can store i-H2O in the refrigerator or at room temperature. As a general rule, the colder the i-H2O is, the longer its single-file alignment (SFA) structure will remain intact.

# Is it beneficial to spray i-H2O on my face or body and if so, what benefits could I expect from doing so?

Yes, it is absolutely beneficial to spray i-H2O water on your face and/ or skin. Our skin is the largest organ our body has. Because of that characteristic, the skin has qualities that make it more resistant in some regards than other organs. However, when faced with chemical exposures, as well as physical exposures like heat, cold, UV or even eletropollution, plus biological exposures like viruses and bacteria, it is critically important that skin is optimally hydrated and nourished.

# FEEDBACK & SUCCESS STORIES\*

"I asked my mom if she wouldn't mind being my 'guinea pig' to see the results of using i-H2O. We took a 'before' picture to see if we would notice a difference in her skin and her signs of aging. Then she began drinking and spraying i-H2O regularly. About 7 months later, we were THRILLED to see such dramatic improvements on my mom's skin!"

### T.H., Utopia, TX

"Since the time he was a toddler, my six year old cousin had suffered from scaly, itchy, and red skin all over his arms. His family tried many different common methods of dealing with it. Nothing really helped. He started spraying and drinking i-H2O and within 6 weeks everyone is so grateful it's almost completely gone!"

### H.H., New York, NY

"I started noticing a difference in my skin just days after I began drinking GIA i-H2O. It's never looked better! The i-H2O has given me the kind of complexion that I have always wanted, but could never achieve with any skin care system. People say that I'm glowing!"

### K.N., Carlsbad, CA

"I have been drinking i-H2O for several months and I have experienced some very positive changes. When drinking i-H2O while exercising, I feel much better hydrated than in the past. I also feel like I am recovering much more quickly from strenuous workouts. Also, before i-H2O I often felt dehydrated during the night and I had to get up to drink a glass of water. With i-H2O, I am now sleeping through the night and I don't wake up thirsty. Overall the i-H2O has made a very noticeable impact on my sense of well-being."

### M.C., Carlsbad, CA

\* Statements made about this product have not been evaluated by any governmental agencies. These products are not intended to diagnose, treat, mitigate, cure or prevent any disease. Any testimonials given reflect the actual experience of each individual, are anecdotal only, and may be atypical.

